



WEEKLY WEDNESDAY UPDATE

The Weekly Wednesday Update is our newsletter which we email every Wednesday with oral health, health and policy updates from around the state and nationally.

To view past issues click here.

Click here to sign up for our Weekly Wednesday Update.

June 1, 2022

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Depression and Oral Health

As we end Mental Health Awareness Month in May, we wanted to share a report from CareQuest Institute for Oral Health highlighting how our emotional state is connected to our oral health. Individuals with a mental illness may use coping habits such as smoking and may also avoid going to the dentist.

Some of the results from the report are below:



- Adults with depression report brushing and flossing their teeth less often than those without depression
- Depression is linked to higher levels of dental caries (decay). Additionally, adults with depression are more likely to have missing teeth than adults without depression.
- Young adults with a history of depression are more likely to have extended use of opioid prescriptions after third molar (wisdom tooth) removal than those without depression.

To read the full report, click <u>here</u>.



National Survey on Health and Disability

Our friends at the University of Kansas Institute for Health & Disability Policy Studies (IHDPS) are asking adults in the US over the age of 18 with any type of disability, mental illness or

chronic health condition to complete the National Survey on Health and Disability. This is an annual, online survey of people with disabilities and/or chronic health conditions about health, quality of life, access to health care services, and the COVID-19 pandemic. The survey should take about 20-30 minutes to complete and responses are anonymous. And if you choose, you can enter a drawing to win one of ten \$100 gift cards! Click here for the survey link.



Survey to Learn More about the Drug Overdose Epidemic

DCCCA facilitates the Kansas Prescription Drug and Opioid Advisory Committee which is jointly funded by Kansas Department for Aging and Disability Services and Kansas Department of Health and Environment. The committee is conducting a needs assessment to better

understand gaps to drug overdose prevention and response amid the increasing drug

overdose death rate. The committee is particularly interested in hearing from public health and community-based partners on this issue. The survey is available here until 7/1/2022 and should take less than five minutes to complete.



Upcoming Events

- **Webinar:** Oral Health Systems Change Webinar Series, Tuesday, June 14, 6-7:30pm CST and Thursday, June 30, 6-7:30pm CST. To sign up for June 14, Session 1, <u>click here</u> or sign up for June 30, Session 2, <u>click here</u>.
- Webinar: How's America's Oral Health? Barriers to Care,
 Common Problems, and Ongoing Inequity, June 16,

12:00pm CST.Click <u>here</u> for details.

- **Webinar:** Leveraging Healthy People 2030 to Address Issues Affecting Children, Mothers and Families, June 22, 2:00pm CST. Click here to register.
- Save the Date! 16th Kansas Disability Caucus on August 10th-12th. Click here for details.
- **2022 Conference on Oral Health**: Friday, November 4. Conference will be a hybrid event. Thursday, November 3: Dental Champions Reception



Dental Champion Alumni, Denise Cyzman, Community Care Network of Kansas' Chief Executive Officer retires after over 7 years leading Community Care. During her tenure as CEO of Community Care Network of Kansas,

Cyzman oversaw the rebranding of the organization from the Kansas Association for the Medically Underserved (KAMU), supported a member network that serves one in nine Kansans, and guided Community Care Network and member clinics through the COVID-19



pandemic. With her team, Denise advanced the strategic direction of Community Care to enhance advocacy, training, technical assistance, and special projects. Denise was a strong

supporter and partner of Oral Health Kansas and we enjoyed working with her on many projects and collaboratives! Happy retirement Denise!



Sugary Drink Display Sanitation

Out of an abundance of caution,

we are suspending use of the Sugary Drink Display until further notice.



During this time, hand washing and social distancing is on everyone's mind. We want everyone to have the comfort of knowing we sanitize our sugary drink displays. They are wiped down and cleaned off after they have been returned.









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