



WEEKLY WEDNESDAY UPDATE

The Weekly Wednesday Update is our newsletter which we email every Wednesday with oral health, health and policy updates from around the state and nationally.

To view past issues [click here](#).

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**Weekly
Wednesday
Update.**



Brush Book Bed Program Reaches Kansas Statewide

Brush Book Bed is a program created by the American Academy of Pediatrics for medical providers to educate their patients on the importance of creating a bedtime routine that include brushing teeth and reading books. Oral Health Kansas adopted the program with the help of

the Shawnee County Oral Health Coalition in 2016, and it has now expanded statewide. With funding from the Kansas Department of Health and Environment's Bureau of Oral Health, safety net clinics and early education programs in the six Kansas regions have been able to implement Brush Book Bed and provide educational information, storybooks and toothbrush kits to families with children 0-3.

If your program is interested in participating, click here on the map to see if your region is already covered. If not, email Devaki dmenon@oralhealthkansas.org or Sonia solmos@oralhealthkansas.org to see if your clinic or program qualifies.



National Breastfeeding Month

National Breastfeeding Month is recognized in the month of August to highlight the importance of breastfeeding. Breastmilk is the ideal food for infants. It is safe, clean and contains antibodies which help protect against many common childhood illnesses. Breastmilk provides all the energy and nutrients that the infant needs for the first months of life, and it

continues to provide up to half or more of a child's nutritional needs during the second half of the first year, and up to one third during the second year of life.

Did you also know breastfeeding is important for a child's oral health? Several recent studies, one in the Journal of Pediatrics in 2015 and one in the August 2017 issue of the Journal of the American Dental Association, found that babies who were exclusively breastfed for the first 6 months were less likely to have teeth alignment issues such as open bites, crossbites, and overbites, than those exclusively breast fed for shorter lengths of time or not at all ([Mouth Healthy](#)). Although breastmilk is healthier it does contain sugar. Remember to wipe the baby's gums after eating. Here are some [oral health tips for baby's first year](#).

National Health Center Week Begins August 6

National Health Center Week is an opportunity to highlight the commitment and passion of Community Health Center staff, board members, and supporters who make it possible to provide quality, comprehensive healthcare services to more than 30 million patients across



14,500 communities annually. This year's theme is The Roadmap to a Stronger America. This is ideal in our state as we work to improve the health of all Kansans.

[Community Care Network of Kansas](#) is the federally designated Primary Care Association for

Kansas. Their membership list is comprised of Federally Qualified Health Centers, health center look-alikes, primary care clinics, local health departments, and rural health clinics. We appreciate the work they do to provide comprehensive services to underserved populations and offer services to people regardless of their ability to pay.

For a list of safety net clinics in Kansas, click [here](#).



CDC Dental Public Health Residency Program Opens Applications

The Centers for Disease Control and Prevention (CDC) [Dental Public Health Residency \(DPHR\) Program](#) is now accepting applications for the 2024-2025 program year. The application cycle will close **Saturday, September 30, 2023**.

How to apply: <https://www.cdc.gov/oralhealth/about/DPHR-how-to-apply.html>

The aim of the DPHR Program is to produce skilled specialists in dental public health who can work collaboratively with their public health and dental colleagues in an array of health settings to achieve improved oral health for populations.

The DPHR Program provides four key opportunities:

- Gain experience and skills across all ten designated competency areas outlined by the [American Board of Dental Public Health \(ABDPH\)](#).
- Gain skills in the methods of scientific inquiry and research, emphasizing oral health epidemiology and population-based efforts.
- Set a foundation for future examination and certification by ABDPH.
- Start a career as a specialist in dental public health.

The program offers guided practice in collaborating with public health and dental stakeholders to achieve improved oral health for populations. The Resident will receive a certificate of completion meeting educational requirements established by ABDPH for specialty certification.

Location

This program is located in Atlanta, Georgia, home of CDC's Headquarters.

Number of Residency Openings

Two or three qualified dentists are admitted into CDC's DPHR Program every year.

Duration

The program starts in July of each year and extends over 12 months (full-time) or 24 months (part-time).

Admission Requirements

Prior to starting the program, residents must have the following:

- **A dental degree (DDS or DMD)** from a US dental school accredited by the [Commission on Dental Accreditation](#) or a Canadian school accredited by the [Commission on Dental Accreditation of Canada](#). Applicants who are graduates of a school of dentistry outside the United States or Canada must be deemed to have equivalent education.
- **A Master of Public Health (MPH) or comparable degree** from an institution in the United States accredited by an agency recognized by the US Department of Education. Courses for the MPH or comparable degree would include biostatistics, epidemiology, health care policy and management, environmental health, and behavioral sciences.

Have a question? Check our [Frequently Asked Questions](#) page. This information is also shared with subscribers of our [Dental Public Health Residency Program email series](#).



Upcoming Events

- **Course:** An Introduction to Value-Based Care in Oral Health: Moving from Volume to Value, 1 CE. Click [here](#) for the course information.
- **Webinar:** Part 2: Saving Smiles and Lives: Tools to Integrate Smoking Cessation into Practice, August 3 at 12:00pm CST. Register [here](#).

- **Webinar:** Learning Community - Oral Health Policy & Advocacy, August 30 at 2:00pm CST. Register [here](#).
 - Community Care Network of Kansas conference, October 4-6, in Lawrence. Learn more [here](#).
 - [Conference on Oral Health](#) - hybrid conference on Friday, October 27 at the KU Edwards Campus.
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Have you received an award, started a new job or retired? If there's anything you have done recently that you are proud of, email us at info@oralhealthkansas.org to be the next Faces of OHK.



Sugary Drink Display

We have Adult and Children's Sugary Drink Displays available for reservations. These displays are eye catching at exhibits, schools, library, dental offices, clinics and just about anywhere you see them!

We only have a limited amount so please sign up soon if you're interested in reserving one. Click [here](#) to learn more about sugary drink display reservations!

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Oral Health Kansas • PO BOX 4567 • Topeka, KS 66604
785.235.6039 phone • 785.233.5564 fax
info@oralhealthkansas.org

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