

## WEEKLY WEDNESDAY UPDATE

The Weekly Wednesday Update is our newsletter which we email every Wednesday with oral health, health and policy updates from around the state and nationally.

To view past issues [click here](#).

September 6, 2023

Volume 14, Issue 36

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**Weekly  
Wednesday  
Update.**



## Early Bird Registration Quickly Approaching

Mark your calendars that the early bird registration for the Conference on Oral Health is Friday, September 15. Don't wait until the last minute. Reserve your spot now to lock in the low \$99 registration fee! What do you receive with a registration?

- Free pre-conference webinar on Friday, October 13
- Access to all sessions
- Hear from national and state level speakers
- Conference meals
- Ability to view recorded sessions up to 6 months
- Option to attend virtually or in person
- Networking! Schedules are busy and we don't always get the opportunity to have hallway conversations! Why not catch up at the Conference on Oral Health!

**When:** Friday, October 27

Registration opens at 7:30am. The day ends at 3:30pm

Click [here](#) to view the full schedule and register.

**Where:** University of Kansas Edwards Campus, 12600 Quivira Rd, Overland Park, KS 66213  
Or join us virtually.

For lodging: TownePlace Suites Kansas City Overland Park, 7020 W. 133rd Street Overland Park, Kansas 66209, will have a limited number of rooms available. Click [here](#) to reserve your room.

CE's will be available.



## Healthy Aging Month

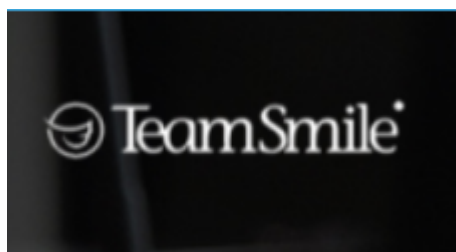
September is Healthy Aging Month and a reminder that the health care needs of older adults are different from those of younger people. By 2060, according to the US Census, the number of US adults aged 65 years or older is expected to reach 98 million, 24% of the overall population. Older Americans with the poorest oral health tend to be those who are economically disadvantaged, lack insurance, and are members of racial and ethnic minorities. Having a disability, living in a nursing facility, or homebound also increases a person's risk of poor oral health.

In addition to facing dental diseases, older adults also experience nutrition and access to service challenges. Older adults and their caregivers may not have the skills to protect their oral health with daily at home oral hygiene. They may choose foods that are convenient, which are often high in carbohydrates, and many older people may have limited access to fresh vegetables and fruits. Many older adults do not have the funds necessary to access dental care, and Medicare does not cover dental services.

OHK has resources available to help older adults:

- Adaptive Aids for Toothbrushing has some products that can help adapt toothbrushing routines. Available for free download [here](#).
- [Changing it Up](#) provides routines to help with toothbrushing when it's challenging.
- Our consumer resources [webpage](#) contains additional tips and tools that may be helpful for older adults.

For questions, email us at [info@oralhealthkansas.org](mailto:info@oralhealthkansas.org).



## Volunteer and Provide Free Dental Care to Children

[Team Smile](#) is hosting an event on Friday, October 6 in Wichita to provide free dental care to children. CareSource is sponsoring the dental care day, which will begin at 8:00am and end at 2:30pm. They are looking for dentists, dental hygienists or hygiene students, dental assistants or dental students and general volunteers. The event will be at the Wichita Wind Surge. Sign up below if you are interested in volunteering.

Volunteer portal: <https://teamsmile.org/ks/volunteer/>



## What is Your Child Drinking?

Your child has a sports event and wants to drink a Gatorade to stay hydrated. Did you know that one 32-ounce Gatorade bottle contains 55 grams of sugar? That is 13 teaspoons of sugar! WOW! If you put 13 teaspoons of sugar in a bowl, would you want to eat that? Instead, you can offer your child water or a sugar free Gatorade bottle.

September is National Childhood Obesity Awareness Month. Our sugary drink displays are a FREE resource to educate families on the importance of how much sugar is in each drink. Our child sugary drink display has 10 drinks including juice, chocolate milk and Gatorade and our adult sugary drink display has 10 drinks including Monster, Starbucks and Sweet Tea. [Reserve a drink display](#) for up to a month for free! Shipping is reimbursed by Oral Health Kansas. You

can set it up in your dental office, health department waiting room, daycare, library or lunch room!

Learn more from our friends at Texas Oral Health Coalition with this video on sugar sweetened beverages. Check it out!

<https://twitter.com/TerryCeleste/status/1699018748919689603?s=20>



## Upcoming Events

- Course: An Introduction to Value-Based Care in Oral Health: Moving from Volume to Value, 1 CE. Click [here](#) for the course information.
- Self paced courses: [Providing Oral Health Care to Autistic Individuals](#) and [Caring for Individuals with Disabilities: Practical Considerations for Dental Providers](#).
- **Webinar:** How Policy Influences Hispanic Oral Health, September 14 at 12:00pm CST. Register [here](#).
- **Webinar:** Connecting to the Community: A Provider's Work Beyond the Dental Chair, September 27. Find out more here. <https://bit.ly/3RcEqcO>
- Community Care Network of Kansas conference, October 4-6, in Lawrence. Learn more [here](#).
- **Webinar:** Oral Health Workforce Learning Community Registration, October 11. Click here: [bit.ly/3R5yqTn](https://bit.ly/3R5yqTn)
- [Conference on Oral Health](#) - hybrid conference on Friday, October 27 at the KU Edwards Campus.
- **Webinar:** Community Engagement & Cross-Sector Collaboration Learning Community Registration, December 13. Click here: [bit.ly/3L2Yz11](https://bit.ly/3L2Yz11)



We appreciate our sponsors for the 2023 Conference on Oral Health. With their support, we are able to provide you with a hybrid event

### Our 2023 Conference Sponsors



at the Kansas University Edwards Campus at a low cost. The \$99 early bird registration fee provides you with full conference access including meals, all sessions, networking with exhibitors and access to the recorded conference sessions.



## Sugary Drink Display

We have Adult and Children's Sugary Drink Display's available for reservations. These displays are eye catching at exhibits, schools, library, dental offices, clinics and just about anywhere you see them!

We only have a limited amount so please sign up soon if you're interested in reserving one. Click [here](#) to learn more about sugary drink display reservations!

### Follow Us



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